

INDIAN SCHOOL AL WADI AL KABIR

Class 12 – Physical Education

UNIT 4- PHYSICAL EDUCATION AND SPORTS FOR CHILDREN WITH SPECIAL NEEDS

Date: _____

Worksheet 1

Section A: Multiple Choice Questions (1 Mark Each)

Choose the correct answer.

1. Which of the following events is organized for athletes with intellectual disabilities?
 - a) Deaflympics
 - b) Paralympics
 - c) Olympics
 - d) Special Olympics
 2. Paralympics are governed by which organization?
 - a) IOC
 - b) IPC
 - c) SOI
 - d) WHO
 3. The concept of "Divisioning" is primarily used in:
 - a) Olympic Games
 - b) Paralympic Games
 - c) Deaflympics
 - d) Special Olympics
 4. Inclusion in sports mainly focuses on:
 - a) Promoting competition
 - b) Isolating athletes based on disability
 - c) Providing equal opportunities
 - d) None of the above
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Section B: Very Short Answer (2 Marks Each)

5. Name two international organizations that promote disability sports.
 6. Define the concept of classification in disability sports.
 7. What is the aim of Deaflympics?
 8. Write one need for inclusion in sports for children with special needs.
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Section C: Short Answer (3 Marks Each)

9. Explain the concept of divisioning in the Special Olympics.
10. Mention three key features of the Paralympic Games.
11. Why is inclusion important in physical education?

12. How is the concept of classification applied in Paralympic sports?

Section D: Case Studies (4 Marks Each)

13. Ravi, a school sports teacher, has a student with a hearing impairment who wants to participate in athletics. How should Ravi include him in school sports activities, and what event can the student aim for at an international level?
14. Anika, a 14-year-old girl with mild intellectual disability, enjoys running. Her parents are unsure if she can participate in competitive events. Suggest suitable platforms and how divisioning can help her compete fairly.
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Section E: Long Answer (5 Marks Each)

15. Explain the concept of inclusion in sports. Discuss its need and two methods of implementing inclusive practices in schools.
16. Describe the differences between Special Olympics, Paralympics, and Deaflympics in terms of eligibility, administration, and purpose.
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